

Briefing Paper

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Title: Response to the Overview of findings from CAMHS working group

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1. Purpose

The purpose of this paper is:

- to provide a NHS response to the findings from the North Somerset CAMHS working group for those services which have a NHS responsibility to fund (either partially or in full)
- to outline the additional funding and support that has gone into Children's mental health services since service transfer in 2020.

2. Background

North Somerset Children's and Adolescent Mental Health Services (CAMHS) transferred to the Children's Community Health Partnership on 1 April 2020, from Weston Area Health Trust (WAHT) and are now provided by Avon & Wiltshire Mental Health Partnership (AWP) sub-contracted by Sirona care & health as the prime provider of CCHP.

At the point of service transfer, the CCG alongside AWP & Sirona agreed as part of a memorandum of understanding to take a three phased approach. The first phase was to transfer the services "as is" and to identify the key risks and any immediate quality and safety issues that needed to be addressed. Following this, it was agreed that AWP would identify other areas of quality and safety that require addressing and would then begin to harmonise and transform the services across Bristol, North Somerset and South Gloucestershire.

The CAMHS model of delivery is different across Bristol & South Gloucestershire services as compared to North Somerset. There are two teams currently within the North Somerset CAMHS services, the Core Service and Urgent Care Assessment Team (UCAT), whereas in Bristol and South Glos there are a number of additional specialist services outside of the core services as outlined in the table below.

As part of the SEND agenda for Children and Young People's Services Policy and Scrutiny Panel on 11 March 2021 there were discussions about parity of provision for mental health services for children and young people when compared to Bristol and South Gloucestershire. This led to a recommendation that a working group would be set up to explore this further.

The focus for the working group was to review and understand the parity in provision for North Somerset children and young people's mental health services when compared with other areas within the CCGs footprint.

The working group relied on a gap analysis that was co-ordinated by Avon and Wiltshire Metal Health Partnership (AWP) with input from all parties including AWP, Sirona, North Somerset Council and the CCG.

These findings were used to form the basis of a report to CYPS and Health Overview and Scrutiny Panel (HOSP).

During this time, the CCG in conjunction with Sirona and AWP have agreed additional funding to commission additional mental health services within North Somerset and address known gaps, where possible. These are outlined in the section below.

3. Key Updates

The working group found that North Somerset did not have parity of funding and service within Bristol and South Gloucestershire and that service models and pathways differed across the three areas.

The CCG has invested significantly in children's mental health across BNSSG since April 2020 and a considerable amount of work to develop the North Somerset services has taken place through AWP, both of which address key areas within the report.

Table 1: CCG CAMHS Investments during 2020 - March 2022

Investments	Funding	Impact
Implementation of laptus (Electronic Record System)	£132,000	<ul style="list-style-type: none"> To bring North Somerset services onto the same electronic record system as Bristol and South Gloucestershire To move North Somerset CAMHS from paper records to an electronic record system which will address some quality and safety concerns and ensure effective reporting.
Agency Staffing	£180,000	<ul style="list-style-type: none"> Recognised difficulties in recruitment and retention within CAMHS and agreed to fund current agency spend whilst this was addressed.
Off the Record	£200,000	<ul style="list-style-type: none"> Getting Advice & Signposting service available in Bristol & South Glos – extended into North Somerset during 2021/22.
Autism Intensive Service	£65,000	<ul style="list-style-type: none"> Service available in Bristol & South Gloucestershire. CCG has identified health funding on a recurrent basis. Local Authority funding has been identified on a non-recurrent basis (not included in this figure) for 2022-23 through S256 NHS Health funding, passed through to the local authority.
Long Term Plan Funding – Core Teams	£155,000	<ul style="list-style-type: none"> Funding was agreed BNSSG wide to address the long-term plan. This figure outlines the additional capacity and funding agreed for North Somerset teams.
Funding for additional mental health support in schools	£250,000	<ul style="list-style-type: none"> Non-Recurrent funding identified to support North Somerset schools with additional mental health services

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		whilst MHSTs were implemented and recognising the scale of need in the area.
Transitions Worker in North Somerset	£120,000	<ul style="list-style-type: none"> Funding identified to ensure that a transitions worker was available in North Somerset services which will align to the offer in Bristol and South Gloucestershire.
Total North Somerset specific	£1,102m	
24/7 Crisis Line	£260,000	<ul style="list-style-type: none"> Crisis Line funding agreed during COVID-19 and continued post-pandemic. Available across BNSSG on a 24/7 basis to CYP, parents, carers and professionals.
CAMHS Crisis Service (Including expansion into North Somerset)	£641,092	<ul style="list-style-type: none"> Extending Bristol & South Glos Crisis Service into North Somerset which should go live Summer 2022.
Mental Health Support Teams (Wave 6)	2021-22 - £164,834 2022-23 - £777, 871	<ul style="list-style-type: none"> Mental Health Support Teams in schools will support with early intervention and prevention. These roles will start in North Somerset during 2022.
Long Term Plan Funding	£949,000	<ul style="list-style-type: none"> Funding to support the delivery of the Long Term Plan objectives. North Somerset specific funding has been included above. Remainder of funding to support other locality teams, acute hospital pressure and waiting list initiatives (including within North Somerset).
Eating Disorders Funding	£200,000	<ul style="list-style-type: none"> Funding to support the Eating Disorders pathway (BNSSG wide)
Transitions	£330,000	<ul style="list-style-type: none"> Funding to support the transitions pathway for 16-25 year olds as part of the long term plan. (BNSSG wide)
Mental Health Support Teams (Wave 4)	2021-22 - £759,788 2022-23 - £1,112,639	<ul style="list-style-type: none"> Mental Health Support Teams in schools will support with early intervention and prevention. Bristol & South Glos were wave 4.
Sub-total - BNSSG service improvements	£5,195,224	
Total: All North Somerset & BNSSG Service Improvements	£6,297,224	

Table 2: Investment into AWP CAMHS Contract**

(This does not include Local Authority funded services outside of the CCHP contract)

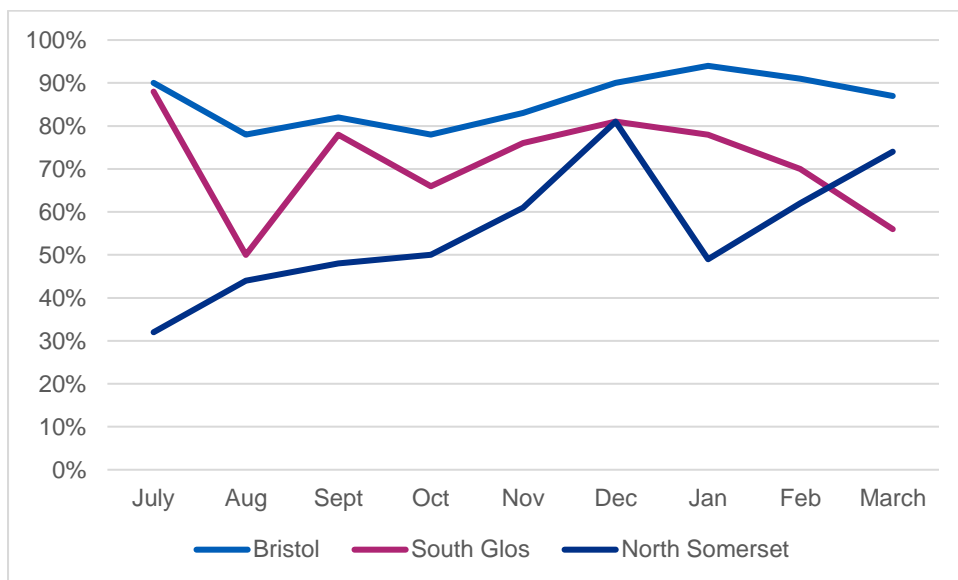
Area	Weighted population (0-16 only)	CCG investment	Bristol City Council Investment	South Glos Council Investment	North Somerset Council Investment	Spend per 100 across Health & Care
Bristol & South Glos	8,288	£8.6m	£1.630m	£140k		£122,293

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North Somerset	2,224	£3m			£0k	£131,834
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** Overall funding position for CAMHS at the end of 20/21 and will not include all of table 1 contributions.

Table 3: % with treatment start within 18 weeks



Improvements have been made within the North Somerset teams with treatment within 18 weeks beginning to compare to that of Bristol & South Gloucestershire services.

The report also highlighted that caseloads remain high in North Somerset as compared to Bristol and South Gloucestershire. However, since the gap analysis was initially produced, these caseloads have been reduced with the rates in North Somerset at a similar rate per 1000 as Bristol.

Table 4: Caseloads across BNSSG

Caseload	Caseload (March 2022)	Rate Per 1000	Population Size (0-18)
Bristol	1849	18	102572
South Glos	705	11	65094
North Somerset	796	18	43984

Service Specific Challenges

AWP are currently undertaking work to align the service provision in Bristol, South Gloucestershire and North Somerset. There have been significant recruitment and retention issues which the provider is addressing and is being supported by the CCG. A recruitment premium has been put in place alongside a recruitment event to encourage applicants in the area.

Crisis Services: The report identified that North Somerset does not have an equivalent crisis service to Bristol and South Gloucestershire. As illustrated in table 1, this has been addressed by the CCG and is currently being mobilised by AWP for delivery from Summer 2022.

Learning disabilities and Autism: In 2021/22 as part of the S256 funding in 21/22 it was agreed that there would be an expansion across the 3 Local Authority areas of the Autism Intensive Service. As there is a time delay in reaching all areas the CCG has spot-purchased the service to provide for a number of young people. Recruitment is underway into the service to put in place these packages for the identified young people.

The CCG has increased its funding into AIS (see table 1), however, additional service funding for 2022 has been agreed as part of the S256 funding through the local authority. From 2023/24, additional funding will be required from the local authority to ensure that the same level of capacity can remain available.

For learning disabilities, whilst the report has identified that there is no separate team (like the Bristol and South Gloucestershire model), the North Somerset CAMHS team does employ specialist LD practitioners who provide support for young people with mild and moderate learning disabilities.

If there was further investment in Learning Disability services, specifically intensive behaviour support and autism, this could serve as an invest to save model and would help prevent expensive out of area placements for these young people.

Eating Disorder services: a different service model is in place to that of Bristol & South Gloucestershire. The eating disorder pathway needs to be re-designed to align it with the Bristol and South Gloucestershire model. This will include having access to the specialist hub team and training in evidence-based treatment. Recruit to train practitioners have already been employed and will be trained at Exeter University over the next year.

Getting Advice and Signposting: The CCG has expanded Off the Record (OTR) into North Somerset to mirror the service provision in Bristol and South Gloucestershire. This has been well received within the area and OTR held a launch event with local providers, commissioners and councillors.

Other Issues to be addressed

- Primary Mental Health Specialist (PMHS) and Primary Infant Mental Health Services (PIMHS) – This service is commissioned by the Public Health teams in Bristol and South Gloucestershire
- Be Safe Service – Commissioned by the Public Health and Local Authority teams in Bristol and South Gloucestershire
- Thinking Allowed

4. Summary

This paper was written in response to the overview of findings from CAMHS working group.

The CCG would welcome further conversations regarding additional funding for those services that continue to require investment as outlined in the paper, 'Overview of Findings from CAMHS working group'.